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**Patient story confirms Doctors theory on education.
Heart Disease can be managed with education and lifestyle changes.**

Cardiac Solutions see numerous patients for heart health. One of the patients soon discovered that it was not the same type of office that he had experienced before. This patient had multiple heart attacks, open heart surgeries, and CHF (congestive heart failure). After meeting his physician, and many members of the staff that is part of the team that helps educate, and keep him focused on keeping a healthy heart, he knew he was in for a change.

Attached is an article that describes the patients changes, how he refocused his life and now knows he can live with heart disease. The patient, Mr. Selkow said, “It is more than just the team approach that made the difference in the quality of my life. It is the entirety of the Cardiac Solutions approach. The team understands me not only as a patient, but as a person.”

Dr. Caplan, founder of Cardiac Solutions, says, “That when he reflects on Mr. Selkow’s commitment to the changes he has made over the years, working with the team at Cardiac Solutions, that I am convinced that prevention and education is a key cornerstone in the fight against heart disease.”

February is Heart Month. For more information, please contact Marli Wendel with Cardiac Solutions at 623.262.7273 or mwendel@cardiacsolutions.net. You can also visit the website for more information, www.cardiacsolutions.net.

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