



**Cardiac Solutions to benefit the American Heart Association with a
Westside Heart Walk: Surprise Community Park
Saturday, February 27, 2010 at 8 am**

Cardiac Solutions is participating and sponsoring the American Heart Association's Start! Heart Walk in the west valley, and we need your support!

On Saturday, February 27, the American Heart Association will hold its annual Start! Heart Walk in Tempe and at the same time the Surprise Community Park will hold a walk for the west valley. The Walk is a healthy, fun, family event. It promotes exercise as part of a heart-healthy lifestyle and raises funds for research and programs to fight cardiovascular diseases. These diseases are our nation's No. 1 killer, claiming nearly a million American lives a year — more than the next five leading causes of death combined.

Walking in the AHA/Cardiac Solutions Heart Walk will help to build healthier lives free of cardiovascular diseases and stroke. Funds raised through the Heart Walk support research, community service and public and professional education programs.

Your support will help. Your donation will help me take a stand against the #1 killer of Americans, including women and you'll also help the American Heart Association make important advances against heart disease and stroke.

We are now forming Teams for the west side walk. Just complete the information below and return the form to me. The Start! Heart Walk is quickly approaching, so please send it as soon as possible. Donations can be made online at www.phoenixheartwalk.org/cardiacsolutions or at registration.

Thank you for your support of the Start! Heart Walk. Together we **will** make a difference!

From the heart,
Physicians at Cardiac Solutions

Team Name _____ How many walkers _____
Team Contact Name _____ Phone _____
Address _____ Email _____
City, State, Zip _____

Return to Marli Wendel, 13128 N. 91st Dr., #100, Peoria, AZ 85381 or mwendel@cardiacsolutions.net
More information: 623.876.8816 ext. 256

Events include: Registration at 7:30 am; Expo with local vendors at 7:30 am; Announcements, Stretch, Color Guard at 8 am; Walk at 8:30 am; Entertainment is physician band, Vital Signs!